

PME - Pro Metabolic Enhancer

10 Performance

What it is:

- A supplement providing a blend of lipotropics and high potency B Vitamins to support liver health. It is a highly absorbable, extremely potent metabolic enhancer.

Why take it:

- The liver is the body's largest internal organ and plays an important role when it comes to a well-functioning metabolism. It is responsible for synthesizing proteins, secreting hormones, breaking down nutrients, and ridding the body of toxins. Virtually every nutrient consumed must pass through the liver before it distributes nutrients to the rest of the body. This process puts the liver in contact with harmful substances like chemicals and protein byproducts that can become trapped in fat cells and cause fat metabolism to slow. However, the proper nutrients can help combat this.
- *Energy:* Reduces fatigue and helps you get through the day more balanced.
- *Metabolism:* Boosts your metabolism so that you are burning more calories, even when not working out.
- *Nervous System Health:* By strengthening your nervous system it can help improve cases of depression, anxiety and stress.
- *Fat Loss:* Fat loss relieves stress on the heart which reduces health concerns such as diabetes, high blood pressure, high cholesterol and heart attack.
- *Mood:* The combination of **PME** and exercise can help elevate your mood and relieve stress.
- *Liver Health:* Detoxifies your liver. Your liver is one of the largest and hardest-working organs in the body; it is crucial for the transformation of food into energy.
- *Fat Burn:* Proper diet, exercise and supplementation with BURN will help drive you to lose weight quickly and permanently.
- *Therapeutic Dose of B Vitamins:* B12 and B6 can assist you with maintaining a healthy metabolism, nerve function, as well as help boost levels of energy.
- *General Health:* By combining BURN with exercise, you can enjoy a healthy lifestyle and live life to the fullest.

How it works:

- Lipotropics catalyze the purging, export and emulsification of fats from the liver, enabling the body to use stored body fat as energy efficiency. Fatty livers can cause sluggishness, weight gain and other more severe health issues. **PME** provides a blend of lipotropics to support liver health.
- **PME** also provides metabolism and energy boosting high potency B Vitamins, delivered in a specialized absorption enhancing the delivery system. This formula can produce a thermogenic effect of increasing basal metabolic rate and fat burning capabilities.
- It contains no harmful ingredients or added caffeine. *It does contain Guarana Seed Extract which is a shrub native to South America that naturally contains caffeine.

Who should take it:

- Adults seeking to promote fat loss and detoxification while increasing energy. This formula catalyzes the purging, export and emulsification of stored fats from liver.

Dosage:

- 30 drops/1 ML = 1 fully squeezed dropper (which only fills two-thirds of the dropper)
- Take sublingually (under the tongue) and hold in your mouth for 90 seconds. Swallow afterwards.
- It is best to take 1 serving daily, first thing in the morning on an empty stomach.

Ingredients:

- Methionine: An essential sulfur containing amino acid that aids in breaking down and removing heavy metals from the body. It also increases energy and lean muscle mass.
- Inositol: A part of the B Vitamin family that plays an important role in glucose metabolism and is vital for the metabolism of fat and cholesterol. It helps prevent the hardening of the arteries and has also been shown to help in the treatment of some mood disorders.
- Guarana: Improves mental performance and increases energy. It's stimulatory effects temporarily enhance energy and mental clarity by stimulating adrenaline activity and blood flow to the central nervous system.
- Choline: An essential nutrient that plays a major role in minimizing excess fat in the liver through its fat and cholesterol transporting and metabolizing properties. It also supports nerve transmission, cell integrity and cell signaling.
- B-12: Regulates the formation of red blood cells. It is an important component of the body system because it is required for proper digestion, protein synthesis, and the metabolism of carbohydrates and fats. It is also necessary for nervous system health and function.
- B-6: Supports a wide range of bodily activities and over one hundred enzymatic reactions. The basic role is to promote the breakdown of carbohydrates and support the nervous system. It also contributes to the production of the amine-derived neurotransmitters like GABA, serotonin, melatonin, epinephrine and norephrine.
- Other: Purified water, organic grape alcohol, natural flavor blend (cherry type) and stevia

FAQ's:

- Can I use too much of this?
 - Too many B Vitamins can have side effects.
- If I stop using it, will I gain weight?
 - Once you lose the weight you desire and you stop using **PME**, you shouldn't gain the weight back unless you bring bad foods back into your diet and stop exercising.
- Is there anyone that shouldn't use this product?
 - People sensitive to stimulants should use with caution.