

PROCLEIN

10 Performance

What it is:

- A bioavailable source of grass-fed whey protein that contains absolutely zero unnatural hormones, chemicals, soy or any other artificial flavors or additives.

Why take it:

- **PROCLEIN** is one of the cleanest proteins on the market and is perfect for post-workout recovery and hitting daily protein goals.
- **PROCLEIN** comes from dairy cows that have a 100% Grass-fed diet, so the milk is non-GMO, with no rBGH or rBST and non-denatured.
- Because it is made with grass-fed milk, it contains 2-4 times more omega-3 fats than milk from grain-fed animals.
- Contains no synthetic ingredients, no artificial flavors and not artificial colors. It's GMO free and minimally processed.
- Many other whey protein products come from cows injected with steroids and fed excess amounts of antibiotics to encourage growth and to produce more milk. Since these products are processed and low quality, they are known to cause digestive issues and a host of many other problems in the body.
- Most powdered proteins have fillers and flow agents that guide the powder from machine to the tubs/bags. Each bag is hand filled to eliminate the use of unwanted ingredients.
- It is a complete protein, meaning that it contains all of the amino acids your body requires.
- It's low calorie and low carb, so it's perfect for a low carb diet as well as adding other ingredients and still keeping your calories low.

How it works:

- **PROCLEIN** Whey Protein is a grass-fed whey protein high in amino acids which are an essential building block in promoting lean muscle mass and aiding in recovery.
- Contains amino acids such as glutathione precursors that are needed in the chemical reactions to produce glutathione, a necessary antioxidant in the body. These include Glutamate (cell metabolism & body immune system), Cysteine (slows down aging, healthier hair and skin, reduces inflammation) and Glycine (absorption of calcium, slows down muscle degeneration with extra supply of creatine).
- Easily absorbed proteins are great for post or pre-workouts. The faster you get protein into your system, the quicker you recover.

Who should take it:

- Those wanting a supplemental protein source to aid in promoting lean muscle mass and muscle recovery.
- Those struggling to get enough protein or those struggling to break down the protein they are consuming. **PROCLEIN** is easy to digest and requires no work for your body to break down and use.

Dosage:

- Mix 3 scoops with 4 to 6 oz of water or beverage of your choice depending on your dietary needs.

Ingredients:

- rBGH-Free Whey Protein Concentrate: Absorbed faster than any other forms of protein, which means it also increases muscle protein synthesis used to break a fasted state.
- Non-GMO Sunflower Lecithin: A type of phospholipid found in pure sunflower seeds and is a natural source of phosphatidylcholine, a natural constituent found in your brain and nervous system.

- Natural Vanilla Bean: A flavoring derived from tropical orchids. Vanilla bean extract contains Vanillin, a polyphenol with potent anti-oxidant properties.
- Natural Chocolate (Pure Cocoa): the dried and fully fermented seed of Theobroma cacao. Cacao has been shown to improve cardiovascular brain health. Rich in minerals such as iron, magnesium, calcium, phosphorus, copper and manganese.
- Natural Ceylon Cinnamon (the true cinnamon): One of the most potent antioxidants available thanks to polyphenols (found in plants, including flavonoids and phenolic acid) that greatly benefit the human body and help fight disease or just recovery after an intense workout. When your antioxidant levels are high, your body will recover faster by clearing up inflammation in the body. It also reduces blood sugar levels by lower insulin resistance. Another benefit is that it helps in weight loss because cinnamon speeds up your metabolism from a compound called cinnamaldehyde.
- We only use flavors with benefits.

FAQ's:

- Can children use this product?
 - Yes. It has many benefits for children as well.
- How many servings of this can I have per day?
 - Technically, you can have as many servings as you want, but it is important to note that too much protein in your diet will turn into stored fat.

ALL-NATURAL
PROY/CLEIN